



# Capital Region Refugee Resource Guide

A project of Healthy Capital District



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## **Capital Region Refugee Service Categories**

<b>Service</b>	<b>Page</b>	<b>Service Description</b>	<b>Target Audience</b>
<b>Basic Needs</b>	<b>4</b>	Services dedicated to providing housing, clothing, furniture and more for refugees and recent immigrants	Adults and families, Refugees and recent immigrants
<b>Child Care</b>	<b>6</b>	Provide affordable childcare for infants and older	Adults and families, Refugees and recent immigrants
<b>Citizenship &amp; Immigration</b>	<b>8</b>	Provide assistance in achieving economic and social self-sufficiency, filing legal forms and more	Adults and families, Refugees and recent immigrants
<b>Domestic Violence</b>	<b>10</b>	Provide assistance in escaping abusive situations, tips, tools and more	Adults and families, Refugees and recent immigrants
<b>Education &amp; Literacy</b>	<b>12</b>	Provide academic development, ESL, vocational training and more.	Adults and families, Refugees and recent immigrants
<b>Emergency Hotline</b>	<b>14</b>	Provide 24 hour support on a variety of health topics such as mental health, medical resources, domestic violence and more	Adults and families, Refugees and recent immigrants
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<b>Health &amp; Mental Health</b>	<b>19</b>	Provide screenings, clinical services and medical resources	Adults and families, Refugees and recent immigrants
<b>Housing</b>	<b>22</b>	Provide access to temporary, permanent and transitional housing	Adults and families, Refugees and recent immigrants
<b>Immigration and Legal Services</b>	<b>24</b>	Provide immigration and legal aid services	Adults and families seeking legal services related to immigration
<b>Public Transportation</b>	<b>26</b>	Provide public transportation within Capital Region	Adults and families, Refugees and recent immigrants

<b>Basic Needs</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Homeless and Travelers Aid Society (HATAS)	Housing Center & Kid's Zone, Furniture Bank, "Feed and Read", and more programs	Adults and children who are homeless or in need of a variety of services in Albany County	Case-by-Case
Unity House	Provides crisis intervention, skills teaching, legal aid, child care, and more.	Individuals or families living in poverty, adults with mental illness, victims of domestic violence and more.	Case-by-Case
The Schenectady Home Furnishings Program	Provide home furnishings (includes delivery)	Individuals or families transitioning from emergency situation: fire, domestic violence, joblessness, homelessness, disability	Referred to by social service agency and/or local clergy
Dress for Success	Provide women with attire to secure employment and job training	Women living in poverty seeking professional attire to secure employment	By appointment and referral only
School News Networks (SNN)	Provides email alerts for the Albany School District	Individuals and families looking to stay current on district related information	No eligibility requirements
The New York State Office for New Americans (ONA)	Provides information on jobs, citizenship, legal help, and more.	Migrant individuals and families looking to develop their skills and participate in NYS civic and economic life	Case-by-Case

**Detailed List of Referral Resources by Category: Basic Needs**

**Homeless and Travelers Aid Society (HATAS)**

HATAS provides relief by meeting immediate needs for shelter, food and clothing in addition to addressing the long-term need for affordable housing and sustainable employment.

- 138 Central Avenue Albany, New York 12206.
- (518) 463-2124 or info@hatas.org
- [www.hatas.org](http://www.hatas.org)

*County covered: Albany County*

## Detailed List of Referral Resources by Category: **Basic Needs continued**

### Unity House

Offers social services such as food pantries, clothing and household goods, counseling, domestic violence, emergency shelters, domestic violence services, case management, and more.

- 2431 Sixth Avenue Troy, New York 12180
- (518) 463-2124
- [www.unityhousesny.org](http://www.unityhousesny.org)

*County covered: Rensselaer County*

### The Schenectady Home Furnishings Program

Provides household furnishings in usable condition to people and families in need residing in Schenectady County. Pick ups and deliveries are at no charge to the donor or recipient.

- 603 State St. Schenectady, NY, 12305
- (518) 346-2444
- [homefurninc@aol.com](mailto:homefurninc@aol.com)
- [www.schenectadyhomefurnishings.org/](http://www.schenectadyhomefurnishings.org/)

*County covered: Schenectady County*

### Dress for Success

Dress for Success provides business attire and suits for women.

- 333 Sheridan Avenue Albany, NY 12206
- (518) 463-3175
- [albany@dressforsuccess.org](mailto:albany@dressforsuccess.org)
- [www.albany.dressforsuccess.org/contact/](http://www.albany.dressforsuccess.org/contact/)

*County covered: Albany County*

### School News Networks (SNN)

An e-mail list of emergency news, alerts and district related information through City School District of Albany

- [www.schoolnewsnetwork.org/](http://www.schoolnewsnetwork.org/)

*County covered: Albany County*

### The New York State Office for New Americans (ONA)

Launched in 2013 to assist newcomer's transition to living and working in NY State. Services include ESOL classes, naturalization assistance, and informational seminars on entrepreneurship and other relevant issues.

- 1-800-566-7636 is a multi-lingual information center providing live assistance in more than 200 languages on general questions related to immigration and naturalization.
- [www.newamericans.ny.gov/](http://www.newamericans.ny.gov/)

*All Counties Covered*

<b>Child Care</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Capital District Child Care Coordinating Council	Financial assistance (childcare)	Working families looking for early childcare	Based on income
Catholic Charities of the Diocese	Childcare	Individuals and families in need of early child care	Case-by-Case
Trinity Alliance	Provide early childcare and family support	Individuals and families in need of childcare support and early education	Must be enrolled in Home and Community Based Services, have a "Care at Home for Medically Frail Children" waiver, or call 518-694-4510
Child Care Council of Columbia Greene	Childcare	Working families with kids ages 6 - 12.	Based on family size and income

**Detailed List of Referral Resources by Category: Child Care**

**Capital District Child Care Coordinating Council**

Provides resource and referral services for parents in need of child care. The council assists individuals in starting family day care businesses in their homes, conducts training for child care staff, and provides corporate child care services on a contractual basis. (English and Spanish)

- 91 Broadway Menands, NY 12204
- 518- 426-7181
- [cdcccc@cdcccc.org](mailto:cdcccc@cdcccc.org)
- [www.cdcccc.org](http://www.cdcccc.org)

*Counties covered: Albany*

**Catholic Charities of the Diocese of Albany**

Refugee services available to provide food, water, shelter, medical care, translation, and legal services. CC also provides service per specific county agencies, such as care coordination services, disabilities services, senior and caregiver support services, community maternity services, housing opportunities and additional programs.

- 40 North Main Avenue, Albany, NY 12203
- (518) 453.6650
- [www.ccrda.org](http://www.ccrda.org)

*All counties covered (per county agency)*

**Detailed List of Referral Resources by Category: Child Care continued**

**Trinity Alliance**

Early Childhood and Family Support Services Department is located at the Capital South Campus Center and works with children from 0-5 years old using play in the form of education, language, cognitive, fine and gross motor and personal-social skills, to assess the child's development.

- 20 Warren St, Albany, NY 12202
- (518)-694-4510
- [www.trinityalliancealbany.org](http://www.trinityalliancealbany.org)  
*All counties covered (per county agency)*

**Child Care Council of Columbia Greene**

For people who are employed and need help paying the day care costs for their children while they are at work.

- [www.columbiagreene.org/child\\_care.htm](http://www.columbiagreene.org/child_care.htm)
- **In Greene County:**  
Greene County Dept. of Social Services  
411 Main Street  
Catskill, NY 12414  
(518) 719-3700  
*Counties covered: Columbia and Greene*

**In Columbia County:**  
Columbia County Dept. of Social Services  
25 Railroad Ave.  
Hudson, NY 12534  
(518) 828-9411

## Citizenship & Immigration

Agency	Service Description	Target Audience	Eligibility & what's needed
Refugee Services (RS)- Office of Temporary and Disability Assistance	Provide assistance in achieving economic and social self-sufficiency	Individuals and families of refugee status	Case-by-Case
Catholic Charities of the Diocese of Albany	Provide assistance completing forms, filings with USCIS	Individuals who are not in legal immigration status	No eligibility requirements
Refugee and Immigrant Support Services of Emmaus	Provide U.S. Integration aid and life skills training	Refugees and recent immigrants	ID Case-by-Case
U.S. Committee for Refugees and Immigrants	Provide U.S. Integration aid and life skills training	Refugees seeking life skills and naturalization	Case-by-Case
The Legal Project	Provides access to the protections of the law	Individuals or families seeking legal services	Case-by-Case Call to schedule an appt.

### Detailed List of Referral Resources by Category: **Citizenship & Immigration**

#### Refugee Services (RS)- Office of Temporary and Disability Assistance

Refugee Services (RS) within the Office of Temporary and Disability Assistance is the single state agency responsible for the implementation of services to refugees.

- 40 North Main Avenue, Albany, NY 12203
- (518) 453.6650
- [www.ccrda.org](http://www.ccrda.org)

*Counties Covered: Albany*

#### Catholic Charities of the Diocese of Albany

Refugee services available to provide food, water, shelter, medical care, translation, and legal services. CC also provides service per specific county agencies, such as care coordination services, disabilities services, and more.

- 40 North Main Avenue, Albany, NY 12203
- (518) 453.6650
- [www.ccrda.org](http://www.ccrda.org)

*All counties covered (per county agency)*



## Detailed List of Referral Resources by Category: **Citizenship & Immigration continued**

### Refugee and Immigrant Support Services of Emmaus

To equip refugees and recent immigrants to build sustainable, independent lives by offering language and literacy instruction, as well as support with life skills and integration into U.S. culture and community.

- 518-621-1041 or 518-567-4354 or 518-505-1737
- [www.risse-albany.org/index.html](http://www.risse-albany.org/index.html)

*County covered: Albany*

### U.S. Committee for Refugees and Immigrants

To equip refugees and recent immigrants to build sustainable, independent lives by offering language and literacy instruction, as well as support with life skills and integration into U.S. culture and community.

- 99 Pine Street, Suite 101 Albany, NY 12207
- 518-459-1790
- [info@uscri-albany.org](mailto:info@uscri-albany.org)
- [www.refugees.org/](http://www.refugees.org/)

*County covered: Albany*

### The Legal Project

The Legal Project provides access to the protections of the law to advance the safety, stability and independence of the people we serve and strengthen our communities. We do this by advising, advocating for and representing people who have traditionally had difficulty obtaining civil legal assistance.

- 24 Aviation Road, Suite 101 Albany, NY 12205
- (518) 435-1770
- [www.legalproject.org](http://www.legalproject.org)

*Counties covered: Albany*

<b>Domestic Violence</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
The Legal Project	Provides access to the protections of the law	Individuals or families seeking legal services	Case-by-Case Call to schedule an appt.
Equinox	Provide safety for victims of Domestic Violence and offer the support and assistance	Individuals or families seeking tools and assistance to escape abusive situations	No eligibility requirements All services are confidential and free of charge
Community Action of Greene County, Inc.	Provide emergency shelter, transitional housing, and crisis intervention	Individuals or families seeking tools and assistance to escape abusive situations	No eligibility requirements
Schenectady County YMCA	Provide crisis intervention and counseling services	Individuals or families seeking tools and assistance to escape abusive situations	No eligibility requirements

**Detailed List of Referral Resources by Category: Domestic Violence**

**The Legal Project**

The Legal Project provides access to the protections of the law to advance the safety, stability and independence of the people we serve and strengthen our communities. We do this by advising, advocating for and representing people who have traditionally had difficulty obtaining civil legal assistance.

- 24 Aviation Road, Suite 101 Albany, NY 12205
- (518) 435-1770
- [www.legalproject.org](http://www.legalproject.org)

*Counties covered: Albany*

**Equinox**

Equinox is Albany County's primary provider of services for victims of domestic violence. All Domestic Violence services are confidential and free of charge for shelter services and outreach to provide safety for victims including the elderly, and offer support, assistance and tools needed to escape abusive situations.

- 188 Washington Avenue Albany, NY 12210
- (518) 407-0394
- [www.equinoxinc.org](http://www.equinoxinc.org)

*Counties covered: Albany*

## Detailed List of Referral Resources by Category: **Domestic Violence continued**

### **New York State Coalition Against Domestic Violence**

NYSCADV works to create and support the social change necessary to prevent and confront all forms of domestic violence.

- 119 Washington Avenue Albany, New York 12210
- (518) 482-5465
- [www.nyscadv.org/](http://www.nyscadv.org/)  
*Counties covered: Albany*

### **Community Action of Greene County, Inc.**

Services provided by Columbia Greene Domestic Violence range from emergency shelter and crisis intervention to aftercare services and transitional housing. All services are free and confidential.

- 7856 Route 9W, Catskill, NY 12414
- 24-hour Hotline: 518-943-9211
- Greene County Office: 518-943-9205
- Columbia County Office: 518-822-0849
- [www.cagcny.org/domestic-violence/](http://www.cagcny.org/domestic-violence/)  
*Counties covered: Columbia and Greene*

### **Schenectady County YMCA**

YWCA of Schenectady operates a NYS licensed domestic violence program. The YWCA of Schenectady's domestic violence program offers a confidential hotline. In addition the YWCA operates a 25 bed shelter, offers counseling services, advocacy services and crisis intervention.

- 797 Broadway Schenectady, NY 12305-2704
- 518-374-3386 – Domestic Violence confidential hotline
- 518-388-4279 - Child Protective
- 518-388-4470 - General Department of Social Services
- [webinquiry@schenectadycounty.com](mailto:webinquiry@schenectadycounty.com)
- [www.schenectadycounty.com/node/344](http://www.schenectadycounty.com/node/344)  
*Counties covered: Schenectady*

<b>Education and Literacy</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Harriet Gibbons Student Services Center	Provide basic education, high school equivalency (HSE) and more.	Individuals and families seeking to further their education and literacy skills.	Case-by-Case
Capital District Educational Opportunity Center	Provide academic/workforce development, ESL and more.	Individuals seeking to further their education and secure employment	Case-by-Case
Washington Irving Educational Center	Provide career and vocational training, GED classes, ESL, and more.	Individuals seeking to further their education and secure employment	Case-by-Case
Sunhee's Farm & Kitchen	Provide free English classes for Adults	Adults seeking English classes free of cost	No eligibility requirements
Literacy New York Greater Capital Region	Assist with literacy instruction, reading, writing and speaking English	Limited-English proficient persons	ID
Literacy Volunteers of Rensselaer County (LVORC)	Assist with literacy instruction, reading, writing and speaking English	Adults and students Rensselaer County residents	ID Proof of residency
Refugee and Immigrant Support Services of Emmaus	Language and literacy instruction	Refugees and recent immigrants	ID

**Detailed List of Referral Resources by Category: Education & Literacy**

**Harriet Gibbons Student Services Center**

Harriet Gibbons High School, a learning community of Albany High School, provided alternative-education programs in the City School District of Albany such as basic education, high school equivalency (HSE) preparation, English as a Second Language, vocational training, life skills education, employment skills, and family literacy.

- 75 Watervliet Ave. Albany, NY 12206
- To register, please call (518) 475-6147
- [www.albanyschools.org/Academics/ENL-Refugee/ESL-Refugee\\_Services.html](http://www.albanyschools.org/Academics/ENL-Refugee/ESL-Refugee_Services.html)

*Counties covered: Albany*

## Detailed List of Referral Resources by Category: **Education & Literacy continued**

### Capital District Educational Opportunity Center (EOC)

EOC offers a variety of academic and workforce development programs, including English as a Second Language and High School Equivalency (HSE) Preparation.

- 145 Congress Street Troy, NY 12180 & 30 N Russell Road Albany, NY 12203
- (518) 941-8559 or [EOCinfo@hvcc.edu](mailto:EOCinfo@hvcc.edu)
- [www.hvcc.edu/programs/eoc/](http://www.hvcc.edu/programs/eoc/)

*Counties covered: Albany and Rensselaer*

### Washington Irving Adult and Continuing Education Center

WIEC provides career readiness and vocational training programs, as well as GED Program-Day classes, ESL, counseling and job coaching, and more. WIEC also provides K-12 academics at the Schenectady County Correctional Facility.

- 422 Mumford Street Schenectady, NY 12307
- (518) 370-8220
- [www.wiec.schenectady.k12.ny.us/](http://www.wiec.schenectady.k12.ny.us/)

*Counties covered: Schenectady*

### Sunhee's Farm & Kitchen

Sunhee's offer employment opportunity for immigrants, in addition to weekly English classes.

- 95-97 Ferry Street Troy, New York 12180
- (518) 272-3413
- [www.sunhees.com/we-are-immigrants](http://www.sunhees.com/we-are-immigrants)

*Counties covered: Rensselaer*

### Literacy New York Greater Capital Region

Literacy NY offers educational programs such as tutoring, English classes, TASC test prep, Citizenship prep and more.

- 518-583-1232 or [mlange@literacynycap.org](mailto:mlange@literacynycap.org)
- [www.literacynycap.org](http://www.literacynycap.org)

*Counties Covered: Albany, Saratoga, Schenectady, Warren, and Washington*

### Literacy Volunteers of Rensselaer County (LVORC)

LVORC provides free, confidential tutoring to adults in reading, writing, English as Second Language, financial literacy, computer literacy, citizenship preparation and elementary level classes for children.

- 518-274-8526
- 71 First Street Troy, New York 12180
- [www.lvorc.org/](http://www.lvorc.org/)

*Counties Covered: Rensselaer*

### Refugee and Immigrant Support Services of Emmaus

To equip refugees and recent immigrants to build sustainable, independent lives by offering language and literacy instruction, as well as support with life skills and integration into U.S. culture and community.

- 518-621-1041 or 518-567-4354 or 518-505-1737
- [www.risse-albany.org/index.html](http://www.risse-albany.org/index.html)

*County covered: Albany*

## Emergency Hotline

Agency	Service Description	Target Audience	Eligibility & what's needed
Crisis Information and Referral Hotline- Ellis Hospital Mental Health Clinic	Provides information on crisis services 24 hours a day, 7 days a week	Individuals seeking in-person mental health assessments, counseling or referrals	No eligibility requirements
Emergency Services: 9-1-1	Provides emergency services	Individuals or families in emergency situation	No eligibility requirements
Child Abuse & Maltreatment	For mandated (or not) reporting of suspected child abuse	Individuals required (or not) by law to report suspected cases of child abuse	No eligibility requirements
Drug Abuse Information Hotline	Provide information about substance abuse and guidance on treatment	Individuals or families seeking guidance on navigating addiction	No eligibility requirements
New York State Domestic Violence Hotlines	Provide information on domestic violence resources in your community	Individuals or families seeking resources in their community	No eligibility requirements
Poison Control Center of Central New York	Provide information on medical treatment	Individuals or families seeking guidance on when to seek treatment post ingestion	No eligibility requirements
National Suicide Prevention Lifeline	Provide free and confidential support for prevention and crisis resources	Individuals or families in distress seeking prevention and crisis resources and professionals seeking best practices	No eligibility requirements

## Detailed List of Referral Resources by Category: **Emergency Hotline**

### **Ellis Hospital Mental Health Clinic- Capital District Psychiatric Center (CDPC)**

CDPC provides inpatient psychiatric treatment and rehabilitation to patients diagnosed with serious and persistent mental illnesses or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults.

- 1101 Nott Street Schenectady, NY 12308
- Main Number 518.243.4000
- Information 518.243.4366
- Emergency 518.243.4121
- Crisis/Inpatient Services - 518.243.4000
- Outpatient Mental Health Services - 518.243.3300
- [www.ellismedicine.org/services/mental-health.aspx](http://www.ellismedicine.org/services/mental-health.aspx)

*All Counties Covered*

### **Emergency Services: 9-1-1**

America's 911 systems have been the lifeline to public safety. 911.gov provides information on contacting 911 and using 911 appropriately.

- Call or text 911
- [www.911.gov/](http://www.911.gov/)

*All Counties Covered*

### **Child Abuse & Maltreatment**

The hotline is meant to serve as a 24 hour source for any person to report suspected cases of child abuse and maltreatment.

- (800) 342-3720
- If you believe that a child is in immediate danger, call 911 or your local police department.
- [www.ocfs.ny.gov/main/cps/](http://www.ocfs.ny.gov/main/cps/)

*All Counties Covered*

### **Drug Abuse Information Hotline**

National Drug Abuse Hotline Numbers: Free Addiction Help 24/7. A drug addiction help hotline is a toll-free number that provides information about substance abuse.

- (888) 459-5511
- [www.addictionresource.com/addiction-and-rehab-hotlines/](http://www.addictionresource.com/addiction-and-rehab-hotlines/)

*All Counties Covered*

### **New York State Domestic Violence Hotlines**

Your local hotline can provide you with information on domestic violence resources in your community.

- 1-800-942-6906
- [www.addictionresource.com/addiction-and-rehab-hotlines/](http://www.addictionresource.com/addiction-and-rehab-hotlines/)

*All Counties Covered*

### **Poison Control Center of Central New York**

Your local hotline can provide you with information on domestic violence resources in your community.

- Upstate Medical University, The Upstate New York Poison Center, 750 East Adams Street Syracuse, New York 13210
- (800) 222-1222
- [www.addictionresource.com/addiction-and-rehab-hotlines/](http://www.addictionresource.com/addiction-and-rehab-hotlines/)

*All Counties Covered*

## Detailed List of Referral Resources by Category: **Emergency Hotline continued**

### National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

- Upstate Medical University, The Upstate New York Poison Center, 750 East Adams Street Syracuse, New York 13210
- (800) 273-8255
- [www.suicidepreventionlifeline.org/](http://www.suicidepreventionlifeline.org/)  
*All Counties Covered*



<b>Food</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Supplemental Nutrition Assistance Program (SNAP)	Supplemental foods, reduced price meals	Financial assistance for food	ID Based on income: gross monthly income 130% of poverty
Women, Infants and Children (WIC) program	Supplemental foods, health care referrals, and nutrition education	Women who have infants and children up to age five	ID Based on income: Reduced Price Meals - 185%
Farmers' Market Nutrition (FMNP) Program	Fresh, fruits and vegetables from Farmers Markets	Women who have infants and children up to age five	ID Based on income: gross monthly income 185% of poverty

**Detailed List of Referral Resources by Category: Food**

**Supplemental Nutrition Assistance Program (SNAP)**

(SNAP) issues electronic benefits that can be used like cash to purchase food. SNAP helps low-income working people, senior citizens, the disabled and others feed their families.

- [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap)  
*All counties covered*

**WIC Program**

The Women, Infants and Children program can provide nutritional education, breastfeeding support, and nutritious foods.

- [www.fns.usda.gov/wic/women-infants-and-children-wic](http://www.fns.usda.gov/wic/women-infants-and-children-wic)  
*All counties covered*

**Farmers' Market Nutrition Program**

The Farmers' Market Nutrition Program (FMNP) provides check to women, infants and children through the WIC program, for the purchase of locally grown, fresh fruits and vegetables. This program runs from June to November 30<sup>th</sup>.

- [www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program-fmnp](http://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program-fmnp)  
*Counties covered: Albany, Columbia, Greene, Fulton, Montgomery, Rensselaer, Schenectady, and Saratoga*

<b>School Meals</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Regional Food Bank of Northeastern New York	The Back Pack Program (back packs filled with nutritional food items)	Elementary age students	Eligibility: children who are eligible for free lunch
	School Pantry Program (free food available from pantry)	Middle School or HS students	No income criteria
	Summer Service Program	Elementary age students	Children who qualify for free or reduced-price breakfasts, lunches
Capital Region Eat Smart New York Program: Summer Meal Sites	Summer Meal Service Locator	Elementary age students	Based on need

**Detailed List of Referral Resources by Category: Food: School Meals**

**Regional Food Bank of Northeastern New York**

The mission of the Regional Food Bank is to alleviate hunger and prevent food waste.

- [www.regionalfoodbank.org/](http://www.regionalfoodbank.org/)  
*All counties covered*

**The Back Pack Program**

The Back Pack Program provides elementary children back packs filled with food (Oct. - Nov).

- [www.regionalfoodbank.net/wp-content/uploads/Comprehensive-BP-Schools-1.pdf](http://www.regionalfoodbank.net/wp-content/uploads/Comprehensive-BP-Schools-1.pdf)  
*All counties covered*

**School Pantry Program**

The School Pantry Program Flexible food pantry offers students who attend middle school or HS the opportunity to choose foods based on their preferences and cooking ability.

- [www.regionalfoodbank.net/school-pantry-program/](http://www.regionalfoodbank.net/school-pantry-program/)  
*Participating schools: Ichabod Crane, Shenendehowa Middle School, Albany Myers Middle School, Scotia-Glenville High School*

**Capital Region Eat Smart New York Program: Summer Meal Sites**

The Capital Region Eat Smart New York Program has a locator tool to find summer meal site by counties and zip codes across the Capital Region.

- [www.capitalregionesny.org/food-near-you-types/summer-meal-sites](http://www.capitalregionesny.org/food-near-you-types/summer-meal-sites)  
*All Counties covered*

## Health & Mental Health

Agency	Service Description	Target Audience	Eligibility & what's needed
Cancer Services Program of Albany County	Provide cancer screening tests at no cost to eligible men and women.	Individuals seeking cancer screening	Age requirements per test Case-by-Case
Homeless and Travelers Aid Society (HATAS)	Housing Center & Kid's Zone, Furniture Bank, "Feed and Read", and more programs	Adults and children who are homeless or in need of a variety of services in Albany County	Case-by-Case
Hometown Health Centers	Provide a full range of health care services	Individuals and families seeking clinical services	No eligibility or income requirements
St. Peter's Rensselaer Health Center	Provide a full range of health care services	Individuals and families seeking clinical services	Case-by-Case
Whitney M. Young Jr. Health Services	Provide a full range of health care services	Individuals and families seeking clinical services	No eligibility or income requirements
Albany County Mobile Crisis Team	Provide crisis and clinical services through mobile treatment team	Adults and children seeking crisis intervention or clinical services	Not to be used for services that are provided by a licensed out-patient program
Ellis Hospital Mental Health Clinic	Provide in- and outpatient mental health treatment	Adults and children with serious and persistent mental health disorders	Case-by-Case

### Detailed List of Referral Resources by Category: **Health and Mental Health**

#### **Cancer Services Program of Albany County**

The Cancer Services Program of the Greater Capital Region provides breast, cervical and colorectal cancer screenings at NO COST to eligible and/or uninsured women and men.

- For residents outside of those counties, please call 1-866-442-Cancer (2262) to find a Cancer Services Program near you. The call is free and available 24/7
- To find a location near you visit: [www.sphp.com/csp](http://www.sphp.com/csp)

*Counties Covered: Albany and Rensselaer*

## Detailed List of Referral Resources by Category: **Health and Mental Health continued**

### **Homeless and Travelers Aid Society (HATAS)**

HATAS provides relief by meeting immediate needs for shelter, food and clothing in addition to addressing the long-term need for affordable housing and sustainable employment.

- 138 Central Avenue Albany, New York 12206.
- (518) 463-2124 or [info@hatas.org](mailto:info@hatas.org)
- [www.hatas.org](http://www.hatas.org)

*County covered: Albany County*

### **Hometown Health Centers**

Hometown Health Centers is one of the region's top rated medical and dental facilities. Hometown Health Centers is nationally recognized for providing high quality, cost-effective primary health care to all in need, with particular concern for low income residents.

- 1044 State Street, Schenectady, NY 12307 and (518) 370-1441
- 67 Division Street in Amsterdam, NY 12010 and (518) 627-2110
- [www.hometownhealthcenters.org/](http://www.hometownhealthcenters.org/)

*County covered: Schenectady and Montgomery*

### **St. Peter's Rensselaer Health Center**

St. Peter's RHC provides a full range of health care services for the entire family, including adult medicine services, pediatric medicine for newborns through age 17: well-child visits; immunizations; adolescent health; sick visits by appointment; ADHD care; and hospital/ER follow-up.

- 53 Columbia Turnpike Rensselaer, NY 12144
- 518-434-2526
- [www.sphpma.com/specialties-locations/family-medicine/st-peters-rensselaer-health-center](http://www.sphpma.com/specialties-locations/family-medicine/st-peters-rensselaer-health-center)

*County covered: Rensselaer*

### **Whitney M. Young Jr. Health Services**

Whitney Young provides access to consistent quality healthcare without regard to income, offering primary medical, dental and behavioral health services to over 19,000 men, women and children at sites throughout our region. We operate health centers in Albany, Troy and Watervliet.

- 920 Lark Drive, Albany, NY 12207
- 518-465-4771
- [info@wmyhealth.org](mailto:info@wmyhealth.org)
- [www.wmyhealth.org/](http://www.wmyhealth.org/)

*County covered: Albany and Rensselaer*

### **Albany County Mobile Crisis Team**

Crisis intervention services, applicable to adults, children and adolescents, are intended to reduce acute symptoms and restore individuals to pre-crisis levels of functioning, in emergency room and residential settings.

- 175 Green Street, Albany, NY, 12202
- (518) 447-4537
- [www.nyconnects.ny.gov/services/mobile-crisis-team-omh-pr-705206901019](http://www.nyconnects.ny.gov/services/mobile-crisis-team-omh-pr-705206901019)

*County covered: Albany and Rensselaer*

## Detailed List of Referral Resources by Category: **Health and Mental Health continued**

### Capital District Psychiatric Center

CDPC provides inpatient psychiatric treatment and rehabilitation to patients diagnosed with serious and persistent mental illnesses or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults.

- 75 New Scotland Avenue Albany, NY 12208-3474
- (518) 549-6000
- 738 State St, Schenectady, NY 12307
- [www.omh.ny.gov/omhweb/facilities/cdpc/index.htm](http://www.omh.ny.gov/omhweb/facilities/cdpc/index.htm)  
*County covered: Albany, Rensselaer, and Schenectady*

### Ellis Hospital Mental Health Clinic

CDPC provides in and out patient psychiatric treatment and rehabilitation to patients diagnosed with serious and persistent mental illnesses or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults.

- 1101 Nott Street Schenectady, NY 12308
- Main Number 518.243.4000
- Information 518.243.4366
- Emergency 518.243.4121
- Crisis/Inpatient Services - 518.243.4000
- Outpatient Mental Health Services - 518.243.3300
- [www.ellismedicine.org/services/mental-health.aspx](http://www.ellismedicine.org/services/mental-health.aspx)  
*County covered: Schenectady and Saratoga*

<b>Housing</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Homeless and Travelers Aid Society (HATAS)	Housing Center & Kid's Zone, Furniture Bank, "Feed and Read", and more	Adults and children who are homeless or in need of a variety of services in Albany County	Case-by-Case
Unity House	Provide housing, crisis intervention, and more.	Individuals or families in need of housing	Case-by-Case
Schenectady Home Furnishings Program	Provide home furnishings (includes delivery)	Individuals/families transitioning from fire, joblessness, and more	Referred to by social service agency and/or local clergy
Albany Housing Authority	Provide housing for low and moderately low income households	Individuals or families in need of housing	Case-by-Case

**Detailed List of Referral Resources by Category: Housing**

**Homeless and Travelers Aid Society (HATAS)**

HATAS provides relief by meeting immediate needs for shelter, food and clothing in addition to addressing the long-term need for affordable housing and sustainable employment.

- 138 Central Avenue Albany, New York 12206
- (518) 463-2124 or info@hatas.org
- [www.hatas.org](http://www.hatas.org)

*County covered: Albany County*

## Detailed List of Referral Resources by Category: **Housing continued**

### Unity House

Unity House offers Emergency/Poverty Services: food pantry, clothing and household goods, crisis counseling, domestic violence emergency shelter, Domestic Violence Services: crisis intervention, hotline, housing support, advocacy, scattered site housing: housing assistance, case management, advocacy, community residence services.

- 2431 Sixth Avenue Troy, New York 12180
- (518) 274-2607
- [www.unityhousesny.org](http://www.unityhousesny.org)

*County covered: Rensselaer County*

### Schenectady Home Furnishings Program

Non-profit organization providing usable donated furniture and household furnishings to families and individuals in transition from emergency situations or homelessness

- 2431 Sixth Avenue Troy, New York 12180
- (518) 274-2607
- [www.unityhousesny.org](http://www.unityhousesny.org)

*County covered: Schenectady County*

### Albany Housing Authority

Albany Housing Authority has been providing rental housing for very low, low, and moderate income households in the city of Albany. The agency owns and operates 1,800 public housing units.

- 200 South Pearl Street, Albany, NY 12202-1834
- [www.albanyhousing.org/about-aha](http://www.albanyhousing.org/about-aha)

*County covered: Albany County*

<b>Immigration and Legal Services</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
<a href="#">U.S. Committee for Refugees and Immigrants Immigration Clinic</a>	Provide assistance in gaining personal and economic self-sufficiency	Refugees and immigrants seeking aid through workshops and trainings	Case-by-Case
<a href="#">NYS Department of Labor: Division of Immigrant Policies and Affairs (DIPA)</a>	Addresses the needs, issues of outreach and labor law compliance for immigrants	Refugee and immigrant individuals seeking employment in NYS	Case-by-Case
<a href="#">Office of Temporary and Disability Assistance Refugee Services</a>	Provide assistance in achieving economic and social self-sufficiency, assure proper care for unaccompanied minors	Refugees/families seeking economic and social self-sufficiency	Case-by-Case
<a href="#">Refugee and Immigrant Support Services of Emmaus</a>	Provide literacy, life skills and integration assistance into US culture	Refugees and recent immigrants	No eligibility requirements
<a href="#">Catholic Charities of Albany- Immigration Services</a>	Provide assistance completing forms, filings with USCIS	Individuals who are not in legal immigration status	No eligibility requirements

**Detailed List of Referral Resources by Category: Immigration and Legal Services**

**U.S. Committee for Refugees and Immigrants Immigration Clinic**

USCRI Albany helps refugees and immigrants to gain personal independence and economic self-sufficiency by hosting trainings and workshops that assist refugees and immigrants in becoming full participants in all aspects of American life.

- 99 Pine Street, Suite 101 Albany, NY 12207
- For more information, please contact the Immigration Clinic by calling Yvonne Sargent at 518-459-1790 x 8011 or Nicole Comstock at 459-1790 x 8012.
- [www.refugees.org/field-office/albany/](http://www.refugees.org/field-office/albany/)  
*Counties covered: Albany*



## Detailed List of Referral Resources by Category: **Immigration and Legal Services continued**

### **NYS Department of Labor, Division of Immigrant Policies and Affairs (DIPA)**

DIPA addresses the needs, issues, and challenges of immigrants by providing outreach in immigrant communities, reviewing policies, procedures and laws that affect immigrants, and monitoring compliance with labor laws by farms and farmers in the state. Available to everyone, including people with limited English proficiency.

- 1-877-466-9757 or [dipa@labor.ny.gov](mailto:dipa@labor.ny.gov)
- [www.labor.ny.gov/immigrants/](http://www.labor.ny.gov/immigrants/)

*Counties covered: Albany*

### **Office of Temporary and Disability Assistance (ODTA) Refugee Services**

Refugee Services' programs and services provide assistance to refugees and their families in achieving economic and social self-sufficiency, help repatriated citizens arrive safely at home, provide assistance to victims of human trafficking; and assure proper foster care for unaccompanied refugee and entrant minors.

- 40 North Pearl Street, 10D Albany, New York 12243
- (518) 402-3096 or [bria.contact@otda.ny.gov](mailto:bria.contact@otda.ny.gov)
- [www.otda.ny.gov/programs/bria/](http://www.otda.ny.gov/programs/bria/)

*Counties covered: Albany*

### **Refugee and Immigrant Support Services of Emmaus (RISSE)**

RISSE offers language and literacy instruction and support with life skills and integration into US culture and community.

- 715 Morris Street Albany, NY 12208
- 518-621-1041, 518-567-4354, 518-505-1737 or [info@risse-albany.org](mailto:info@risse-albany.org)
- [www.risse-albany.org/home/](http://www.risse-albany.org/home/)

*Counties covered: Albany*

### **Catholic Charities of Albany- Immigration Services**

Adjustment of Status, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Temporary Protected Status (TPS)

- 40 N. Main Ave Albany, NY 12203
- (518) 453-6650 or [catholic.charities@rcda.org](mailto:catholic.charities@rcda.org)
- Contact: Paula Read, Immigration Counselor/BIA Accredited Representative
- [www.ccrda.org/](http://www.ccrda.org/)

*Counties covered: Albany, Columbia, Delaware, Fulton, Greene, Herkimer, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington*

<b>Public Transportation</b>			
<b>Agency</b>	<b>Service Description</b>	<b>Target Audience</b>	<b>Eligibility &amp; what's needed</b>
Capital District Transportation Authority (CDTA)	Discounted rates	Albany, Rensselaer, Schenectady, and Saratoga County resident	Based on income
Columbia County Public Transportation	Discounted rates	Columbia county resident	Based on income
Greene County Transit	Discounted rates	Green county resident	Based on income
Capital CarShare	Shared rides	Individuals in Albany and Troy in need of transportation	Fixed fee or membership
Montgomery Area Xpress (MAX) Bus Service Site	Discounted rates	Montgomery county resident	Based on income

**Detailed List of Referral Resources by Category: Public Transportation**

**Capital District Transportation Authority (CDTA)**

- Reduced Fare Programs offered by CDTA
- Half Fare: For seniors and people with disabilities
- Half Fare Informational Brochure
- Refugee and Immigrant Programs
- Homeowner Transit Use Incentive Program
- Navigator Fare Produces
- ACCESS & STAR
- (518) 482-8822
- [www.cdta.org](http://www.cdta.org)

*Counties covered: Albany, Rensselaer, Schenectady, and Saratoga Counties.*

## Detailed List of Referral Resources by Category: **Public Transportation continued**

### **Columbia County Public Transportation**

Columbia County Public transportation to and from shopping venues as well as frequent trips to Albany.

- (518) 672-4901
- [www.columbiacountyny.com/public-transportation.html](http://www.columbiacountyny.com/public-transportation.html)

*County covered: Columbia County*

### **Greene County Transit**

The Greene County Transit offers safe affordable, reliable public transportation services.

- (518) 943-3625
- [www.greenegovernment.com/greene-county-transit](http://www.greenegovernment.com/greene-county-transit)

*County covered: Greene County*

### **Capital CarShare**

Access to shared vehicles for members (membership and driving fees apply).

- Office hours: Monday-Friday Noon-5pm
- 518-545-4740
- [www.capitalcarshare.org/faqs/](http://www.capitalcarshare.org/faqs/)

*Counties covered: Albany and Rensselaer*

### **Montgomery Area Xpress (MAX) Bus Service Site**

Montgomery County Mobility-Bus Service provides bus service on specified routes.

- (518) 853-8334
- [www.co.montgomery.ny.us/web/sites/departments/maxbus/default.asp](http://www.co.montgomery.ny.us/web/sites/departments/maxbus/default.asp)

*County covered: Montgomery County*

