

# <u>3 Month\* Training Coordination and Support Provided for the Mental Health Peer Professional (Certified Peer Specialist):</u>

\*Additional blocks of monthly support are available

- Peer Mental Health Specialist trainings:
  - ensuring that the 13 core courses are completed for the provisional/initial certification- peer can start working (and billing Medicaid) with provisional certification
  - Work with peer to identify the 5 additional electives from the Academy of Peer Services for the full certification, and set dates to enroll
  - Meeting daily during initial training to discuss the application of the lessons learned in the modules
  - Providing resources that focus on the current trends and developments in the fields of MH, SUD, and COD, and peer recovery services
- Community Health Professional (CHP) Resources and Tools:
  - Hard Copies and tutorials of: HCD Regional Mental Health Resource Guide, HCD Recovery Guide, HCD Social Determinants of Health Guide, HCD Capital Region Refugee Resource Guide, and HCD Self-Management Guides
  - o Training on utilization of guides, as well as for the HCD online CHP site

### Documentation:

- Tracking form for the 2000 hours of peer specialist experience for full certification created to help ensure requirement is met
- Development of a tracking form for client engagement that reflects the needs of the organization as well as the outcomes of the client engagement to champion what is working, and address any challenges
- Application Submission:
  - Will ensure that application is completed, and that all required materials, recommendation letters, and transcripts are in order.
- Submission packet:
  - Copies of packet will be provided to employee and organization, prior to submission
- Post-Initial Training, weekly individual check-ins and monthly groups will include:
  - Client engagement sheets reviewed
  - Strengths, challenges, and resources utilized with clients discussed
  - o Informal supervision that's inclusive of motivational interviewing
  - Applicable resources and tools shared and discussed
  - Professional development opportunities and/or new MH/COD promising practices shared



# <u>3 Month\* Training Coordination and Support Provided for the Mental Health Peer Professional (Certified Peer Specialist):</u>

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- Certification renewal:
  - Opportunities that will fulfill the annual 10 hours of peer specialist specific trainings for renewal will be shared on a timely basis
- Creating a tracking method for additional hours as needed- ie volunteer, supervision, special project
- Tool kits and Academic Detailing for: Hiring, Onboarding, and Implementation of Peers
- Examples of Role-Specific Monthly Trainings that will be Offered-
  - Sharing your MH and/or SUD and/or Life Disruption story (openly sharing this is a requirement of the certification)
  - Cultural Humility and Racial Equality
  - o Trauma informed care and a trauma informed community
  - Supporting the recently Incarcerated in recovery planning
  - SDOH meaning, tools, and resources
  - HCD resource guide utilization- MH, Recovery, SDOH, Refugee, and selfmanagement guides
- Monthly group trainings that highlight the Community Health Professional competencies, as well as related tools and resources explored. The competencies are as follows:
  - Stress Management
  - o Time Management
  - Advocacy skills
  - Community Outreach and Engagement
  - Interpersonal and Communication Skills
  - Promoting Healthy Lifestyles
  - Cultural Competence and Responsiveness
  - Social Determinants of Health and Service Coordination
  - Individual and Community Assessment Skills
  - Health Insurance Basics
  - Teaching Skills

### To learn more about this program, contact:

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## <u>3 Months\* of Training Coordination and Support Provided for the **Certified Recovery Peer Advocate**</u>

\*Additional blocks of monthly support are available

- Recovery Coach Trainings -
  - Register the applicant for the ASAP-NYCB approved foundational training (ie RCA, Ethics, MSR, et al) for the CRPA-P are scheduled and completed
  - weekly meetings during trainings to discuss the application of the lessons learned in the courses
  - will share reading materials and info on workshop opportunities that focus on the current trends and developments in the fields of MH, SUD, and COD, and peer recovery services
- Community Health Professional (CHP) Resources and Tools:
  - Hard Copies and tutorials of: HCD Regional Mental Health Resource Guide, HCD Recovery Guide, HCD Social Determinants of Health Guide, HCD Capital Region Refugee Resource Guide, and HCD Self-Management Guides
  - Training on utilization of guides, as well as the HCD online CHP resources and tools

#### Documentation:

- Development of the documentation form for the 500 hours of related (paid or unpaid) role experience; and the required 25 hours of supervision experience under the supervision of the program manager
- Development of a tracking form for their client engagement that reflects the needs of the clients and the organization
- Application Submission for CRPA-P\*::
  - Ensure that all required documents- required trainings, transcripts, (IC&RC) exam, and coaching hours are complete and ready for submission
  - Support for registering and passing the Peer Recovery (IC&RC) exam
  - \*If 500 hours of prior related role experience is obtained by the end of the initial training, then an application for the CRPA (instead of the CRPA-P) will be submitted

#### Submission Packet:

- Support candidates in compiling application packet
- A copy of the complete CRPA-P application packet will be provided to the employee and copies of the training certificates will be provided to the peer's organization prior to submission



## <u>3 Months\* of Training Coordination and Support Provided for the **Certified Recovery Peer Advocate**</u>

\*Additional blocks of monthly support are available

- Post-Initial Training, weekly check-ins will include:
  - o client engagement and data sheets reviewed
  - o Strengths, challenges, and resources utilized with those clients discussed
  - o Informal supervision that's inclusive of motivational interviewing
  - Applicable resources and tools shared and discussed
  - New professional development opportunities and/or new SUD promising practices shared
- Certification renewal:
  - Courses satisfying the 28 hours of ASAP-NYCB approved recovery-specific education (multiple courses) will be shared; including, 4 hours of ASAP-NYCB approved peer ethics.
  - ASAP-NYCB will accept a total of 4 hours of approved Professional Development as meeting part of the requirements for certification renewal.
- Creating a tracking method for additional hours as needed- ie volunteer, supervision, special project
- Tool kits and Academic Detailing provided for: Hiring, Onboarding, and Implementation of Peers
- Examples of Role-Specific Monthly Trainings that will be Offered-:
  - Cultural Competency and Addressing Stigma
  - Ethics and Boundaries
  - Health Equity
  - Trauma Informed Care
  - Medicated Assisted Treatment
  - Recovery Planning
  - Advocacy
  - Working with Families
  - Supporting the Re-entry Population
  - o Drug/Treatment Court Resources
  - Working with the Unhoused
  - Peer Role Virtual Support
  - Peer Integration



# <u>Training Coordination and Support Provided for the Certified Recovery Peer Advocate</u> (Cont'd):

- Monthly group trainings offered that highlight the Community Health Professional competencies, as well as related tools and resources explored. The competencies are as follows:
  - Stress Management
  - Time Management
  - Advocacy skills
  - Community Outreach and Engagement
  - Interpersonal and Communication Skills
  - Promoting Healthy Lifestyles
  - Cultural Competence and Responsiveness
  - o Social Determinants of Health and Service Coordination
  - o Individual and Community Assessment Skills
  - Health Insurance Basics
  - Teaching Skills

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